



## **HELP** FOR FATHERS | **HOPE** FOR FAMILIES

# 2023 Annual Report

#### **Dear Friends:**

What we've accomplished today could not have been imagined 25 years ago by our founders.

Fathers & Families Support Center has consistently provided its six-week comprehensive program with yearlong follow-up for fathers who are dedicated to being responsible fathers and who contribute to the lives of their children.



Thanks to the generosity of our friends and partners over the years, we've expanded our services and grown our programs to include not just fathers,

but mothers, youth who are at-risk and parents who are incarcerated. We effectively serve the entire family! Our mission remains the same - to help improve outcomes for children through responsible parenthood and strengthen families and communities.

After helping 20,000 men prepare for responsible fatherhood for 50,000 sons and daughters, FFSC is now nationally recognized with comprehensive programs that help the whole family, including a robust employment placement and mentoring program, on-site legal services, trauma-informed care, family therapy, preventative services for youth who are at risk and re-entry services for fathers and men through the Missouri Department of Corrections and the Federal Bureau of Prisons.

FFSC has also provided diversion services for both St. Louis City and the County courts system. We are dedicated to reaching those who are most in need to ensure they have promising futures.

All that we continue to do is because of friends and supporters like you, who care enough to remember why we're here. Children with a father actively involved in their lives are:

- $\Rightarrow$  80% less likely to spend time in jail.
- $\Rightarrow$  75% less likely to have a teen birth.
- $\Rightarrow$  50% less likely to experience multiple depression symptoms.
- $\Rightarrow$  43% more likely to earn A's in school.
- $\Rightarrow$  33% less likely to repeat a grade.

With your continued support we look forward to many more years of serving the community to positively impact children and families

With Gratitude—

Chur 10 Dellis

Cheri D. Tillis, Chief Excellence Officer

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Tom Lucas

#### OUR LOCATIONS

- Downtown Headquarters 1601 Olive Street St. Louis, MO 63103
- 1433 Stein Road Ferguson, MO 63135
- ► East St. Louis, IL 505 South 8th Street East St. Louis, IL 62201
- Transition Center of STL 1621 North 1st Street St. Louis, MO 63102

#### **ONLINE CAMPUS COMING SOON!**



#### ADVISORY BOARD

Sr. Loretto Gettemeier, D.C. Jefferson L. Miller, Jr.

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#### **OUR PARTNERS**



### MISSION

To foster healthy relationships by strengthening families and communities.

### VISION

Every father is a responsible father committed to a cohesive family relationship.

#### **CORE VALUES**

Responsibility Integrity Equality Diversity Commitment Collaboration Expertise.

#### WHO WE SERVE

- ⇒ Fathers
  - ⇒ Mothers
- $\Rightarrow$  Youth ages 14-24
- ⇒ Re-Entering Citizens

#### WHERE

- $\Rightarrow$  St. Louis City
- $\Rightarrow$  St. Louis County
- $\Rightarrow$  St. Clair County, IL
- $\Rightarrow$  St. Charles
- ⇒ Jefferson County

#### WHY

To help improve outcomes for children and families through responsible parenthood.



# Since 1998, 20,000 men have been transformed into more responsible fathers for 50,000 kids!

### Halbert Sullivan Society



Our founder and longtime CEO, Halbert Sullivan, recognized the importance of teaching men to become actively involved fathers. He saw the considerable and lifelong benefits that the children of those fathers would receive. And he saw how those benefits could and would spill over into the community at large. But in addition to his ability to imagine, Halbert Sullivan was also a "doer." He rolled up his sleeves, he got the job done. Members of the society named in his honor make it possible for the work of FFSC to be done and done correctly day in and day out. The names of the various levels of annual support within the Sullivan Society have been chosen from

among the inspiring words that Halbert used each and every day. Levels include: Hero—\$50,000; Champion—\$25,000; Responsible—\$10,000; Provider—\$5,000; Friend—\$2,500.

### **Schicker Society**



Named in honor of two of our most generous supporters—William "Bill" & Mary Lou Schicker— members of this society are critical to the ongoing and expanded operation of our organization. This society recognizes lifetime cumulative giving of at least \$25,000 and for a minimum of five years. Members of the Schicker Society are true visionaries and make it possible for FFSC to extend its reach by serving more men and impacting the lives of many more children.

#### SCAN TO LEARN MORE ABOUT OUR SOCIETIES!



### PROGRAMS



## Family Formation

Six-week program for fathers and mothers to learn critical parenting and co-parenting tools, how to build healthy relationships, nutrition, budgeting, financial literacy and traumainformed care therapy.

Program includes case management and year-long follow up.



### Employment & Mentoring Development Program

Participants learn job skills, employment retention skills and receive interview coaching, one-on-one mentoring, resume development, career certifications and substance use education.

Participants receive business attire at no cost.



### Youth Leadership & Development Program

Youth ages 14-24 receive life skills training, coaching and guidance on how to avoid high-risk behaviors.

Services include one-on-one mentoring, scholastic goal planning, career exploration, job placement opportunities and group bonding activities.



## Fathers' Rap

A peer-to-peer support group for alumni and fathers who cannot participate in traditional program services for various reasons.

Meets after usual work hours and provides supportive services for Family Formation alumni.

# 92% of FFSC participants reported increased parenting skills.

## SUPPORTIVE SERVICES



### LEGAL SERVICES

FFSC offers high-quality legal services for program participants, providing Family Law in the areas of child support, custody and visitation and orders of protection.

### THERAPEUTIC INTERVENTIONS

On-site licensed therapists provide program participants one-on-one and family counseling using trauma-informed approaches to assist parents with regaining emotional control and maintaining healthy thoughts and behaviors.



### **RE-ENTRY PROJECT**

Participants housed at the Transition Center of St. Louis transform from incarceration into productive citizens through FFSC's collaboration with the Department of Corrections and the Federal Bureau of Prisons. Participants receive services similar to FFSC's Family Formation program.

Children with a father actively involved in their lives are...



0%	Less likely to spend time in jail.
<b>5%</b>	Less likely to have a teen birth.
0%	Less likely to experience multiple depression symptoms.
<b>3%</b>	More likely to earn A's in school.
<b>3%</b>	Less likely to repeat a grade.

## 2023 COMMUNITY IMPACT

## 95%

of FFSC participants reported increased co-parenting relationship skills.

## 92%

of FFSC participants reported increased parenting skills.

## 75%

of FFSC participants report increased interaction with their children.

## **78%**

of Youth decreased risky behaviors.

## GRADUATIONS



Class 154 | 37 parents, impacting 106 children.



Class 156 | 25 parents, impacting 52 children.



Class 158 | 49 parents, impacting 150 children.

## 910

unduplicated individuals received services.

## 233

FFSC participants gained or maintained employment with an average hourly wage of \$17 resulting in **\$8.1M reinvested** back into the community.

## 307

parents engaged in FFSC's 6-week Family Formation program.

## \$4,771,548

in combined **annual child support payments** were made by Family Formation participants from 2019 thru 2022.

## 3%

Average **rate of recidivism** for graduates of FFSC's Reentry project. Missouri recidivism rate in 2023 was 44%!

## **\$13,727,823**

FFSC'S **return on investment** to the St. Louis community on an investment of \$3.4M (2023 program expenses).



Class 155 | 19 parents, impacting 53 children.



Class 157 | 25 parents, impacting 60 children.



Class 159 | 44 parents, impacting 106 children.

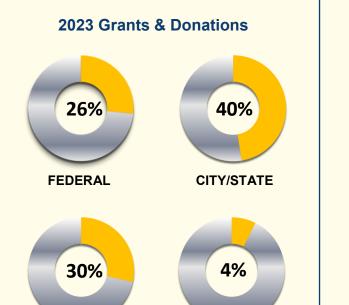
### **Statement of Activities**

#### SUPPORT & REVENUE

Program Service Revenue	\$8,115		
United Way Support	\$172,248		
Grants	\$1,853,076		
Federal	\$1,205,957		
NAP/YOP	\$168,705		
Corporate Funds	\$122,931		
Foundations	\$579,673		
Capital	\$4,956		
Special Events Income	\$305,164		
Interest Income	\$508.61		
Individuals	\$202,730		
Total Support & Revenue	\$4,674,419		
EXPENSES			
Program Service Expense	\$3,419,304		
Management & General	\$845,633		
Capital Campaign	\$24,981		
Fundraising	\$236,285		
Total Expense	\$4,526,203		
NET INCOME			
Net Income	\$148,216		
NET ASSETS			
Beginning of Year	\$4,775,699		
End of Year	\$4,923,915		

#### **Statement of Position**

TOTAL CURRENT ASSETS	\$3,052,378		
TOTAL PROPERTY & EQUIPMENT	\$3,168,694		
LONG-TERM ASSETS	\$199		
TOTAL ASSETS	\$6,221,271		
LIABILITIES & CAPITAL			
Total Current Liabilities	\$163,523		
Total Long-Term Liabilities	\$407,409		
Total Liabilities	\$570,932		
Total Capital	\$5,650,339		
TOTAL LIABILITIES & CAPITAL	\$6,221,271		



FOUNDATIONS UNITED WAY CORPORATIONS INDIVIDUALS

"FFSC is **the only fatherhood-centric agency** in the country to earn accreditation from the Council On Accreditation."

> Deloitte. Consulting

### We need your help!

Make tax-deductible Gift TODAY and help improve outcomes for children through supporting FFSC's Responsible Fatherhood programs.



COUNCIL ON ACCREDITATION ENGAGE. EMPOWER. EVOLVE. FFSC is one of only 44 nonprofits out of 54,000 agencies in Missouri to have been certified by the rigorous accounting standards and guidelines of the Council On Accreditation.

(unaudited 2023 financials)

## Sister Carol Schumer Retires | 24-Year Career Helping Dads

Following a long career at Fathers & Families Support Center (FFSC), teaching men how to become responsible dads, FFSC Parenting Specialist and Daughter of Charity, Sister Carol Schumer has announced her retirement effective December 21, 2023.

Over two decades ago, Sr. Carol teamed up with Founder Halbert Sullivan to lead the parenting class in FFSC's six-week Family Formation program, teaching responsible fatherhood. Since then, hundreds of fathers, who have graduated from FFSC, still ask about Sr. Carol and express gratitude for teaching them how to communicate and build a relationship with their children.

"For 24 years, I've been privileged to facilitate parenting programs at FFSC, and I've walked with hundreds of men who are eager yet impatient to be involved in their children's lives," Sr. Carol explained. "My primary goal has been to help these fathers realize the vital emotional role they hold in the healthy maturation of their children. Often, this fact is eye-opening since most of them have not known a responsible father."



## Father of the Year | Chamar Harris

Father of three, Chamar Harris, loves being a dad: "My kids bring me nothing but motivation, joy and love into my life. They fill my days with hope."

But those days ended, when Chamar's relationship with the mother disintegrated: "My world crumbled. The mother and I stopped communicating. All we did was fight, and I didn't know how to make things right between us so we could be a family again."

To make matters worse, Chamar lost his job and was unable to provide for the household: "I missed birthdays and holidays. Not having a steady job caused me to lose confidence as a man and as a responsible parent."

That's when a friend told him about Fathers & Families Support Center (FFSC). Chamar enrolled into FFSC's 6-week Family Formation program to establish a career and receive



guidance on how to co-parent successfully and re-establish a relationship with his kids. Chamar explained: "FFSC's six-week program challenged my own understanding of what it means to be a responsible parent. I became more selfless and considerate of others. FFSC also taught me communication tools that helped me re-establish a new relationship with the mother."

FFSC's Legal team assisted Chamar in preparation for a parent-custody hearing, where both parties agreed to a 50/50 custody arrangement. His children now spend time living with each parent on a rotating schedule. "It's wonderful to finally have my family back," said Chamar. The mother and I work together now to provide the best outcomes for our kids."

Today, Chamar works as a facility operations manager for Boeing contractor, Aramark. "As the oldest son of a young mother, I know what it's like first-hand to not have stability or a father figure," he explained. "Having a stable environment is key to raising children who are healthy both mentally and physically. I owe it all to FFSC." Together with his kids, he enjoys hosting sleep overs at his home, attending events at his kids' school and eating dinner together as a family.

## 2023 Annual Donors

Thank you! Because of your generous contributions and ongoing support, you made it possible for us to make a BIG difference in the community for children and families. The Halbert Sullivan Society, named after our founder, includes giving levels with specific words our founder used during his graduation speeches: Hero-\$50,000; Champion-\$25,000; Responsible-\$10,000; Provider-\$5,000; Friend-\$2,500.

### \$1,000,000+ US Dept of Health &

Human Services-OFA

\$500,000+ ARCHS/Dept of Social Services SLATE Child Support Program

\$200,000+ US Dept of Justice

HERO - \$100,000+ Anthem, Healthy Blue ARCHS / Division of Youth Services ARCHS / Neighborhood Healing Network St Louis Mental Health Board

HERO — \$50,000+ Ameren Missouri Boeing Foundation Emerson Mission & Ministry, Inc Wilson Sheehan Lab for Economic Opportunity

### CHAMPION — \$25,000+ American Direct Marketing

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#### \$1,000+

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#### <u>\$500+</u>

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